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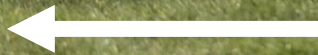


UK NORTH CROSS COUNTRY SEASON 2022 - 23

Forecast of Events for the United Kingdom North - Cross Country Season 2022 - 2023

Event	Date	Hosting Unit / OIC
UK North Cross Country Relay Championships	12 October 22	5 Med Regt, SSgt (SSI) Duncan
UK North Cross Country League Race 1	27 October 22	1MI / Sgt (SI) Robson, Glen
UK North Cross Country League Race 2	30 November 22	21 Eng / SSgt (SSI) Charlton, Ben
UK North Cross Country League Race 3	7 December 22	ITC / Sgt (SI) Selby, Andrew
UK North Team and Individual Championships	18 January 23	DST / WO2 Murray, Al
UK North Cross Country League Race 4	22 February 23	3 RHA / SSgt (SSI) Jowers, Chris
UK North Cross Country League Race 5	1 March 23	Light Dragoons, SSgt (SSI) Pennington
UK North Cross Country League Race 6	22 March 23	1 REME, SSgt (SSI) Podmore

Regional Secretary: SSgt (SSI) Duncan, Carl (for 2022) and SSgt (SSI) Podmore (for 2023)



Scan the QR code to follow the UK North Cross Country Group on Defence Connect. Within here you will find all the live updates, AI's and results. Open to all regional establishments.